



Cool Kids teaches students the “Cool Rules” that provide steps to think and do to make good choices in a variety of situations:

- **Stay Cool:** handling feelings
- **Work it Out:** brainstorming solutions to solve problems, resolve conflicts, and make good choices
- **Give Respect:** talking and acting with respect
- **Get it Done:** fulfilling responsibilities and achieving goals
- **Be Confident:** thinking positive thoughts and being resilient

The Cool Kids lessons include videos, role-plays, discussion, and drawing activities that create interactive opportunities for students to practice making good choices.

Get Involved!

We want to equip you with tools for parenting and helping your children learn how to be responsible, respectful, and resilient.

1. Read the “Cool Kids Tips” handouts that include “Family Gab” questions sent home after Cool Kids lessons.
2. Read the Cool Kids parenting tips sent to you.
3. Affirm your child any time you see him or her applying a step to a Cool Rule.

Parents, teachers, and school staff help our students grow socially and emotionally and develop character by encouraging and affirming the use of the “Cool Rules.”