

# Managing Grief & Loss

November 14, 2011

6pm – 7pm

Career & Technology Education Bldg.

9889 Wade Blvd.

Frisco, TX 75035

With the holidays approaching many families will be challenged with feelings of grief, past and present. This presentation will examine grief as it relates to death, suicide, and loss, such as divorce or relocation. Parents will learn the six needs of people in mourning, how to help their children in developmentally appropriate ways, how to make decisions about the children and funerals, and how to deal with “things” people will say during your grief.



presented by

**Barb Petsel, MS, LPC-S, FT, RN**

Each of us goes through some type of life-storm from time to time. Instead of just weathering your storm, create a tranSTORMation! Barbara honors the opportunity to be a companion in your life, as she will help you develop your unique powers of self observation and self affirmation through empowerment and insight. Her work experience includes private practice, Program Director of a Nonprofit, Group Facilitator in a hospital, Cancer Support Community, workshops, professional speaking and international volunteer work.

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Please call [469-633-5926](tel:469-633-5926) or email [dunnr@friscoisd.org](mailto:dunnr@friscoisd.org) to register.

Childcare will be available if requested at registration.

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