

A RESOURCE GUIDE TO

Bullying

Produced by: *The Institute for Families in Society, University of South Carolina*

Introduction

This is a listing of additional resources on bullying that teachers may find useful to enhance your school's program on bullying. The resources include:

- Books for Elementary/Middle School Students
- Books for Middle School Students
- Resources for Teachers and Parents

Brief summaries of many materials are included below their citation. We have attempted to select books for children that emphasize purely non-aggressive means of resolving bullying situations. All have been located at Columbia-area libraries and are available through their publishers. We welcome feedback about the quality of books and other materials on this list, as well as suggested additions. The list will be updated every several months for you.

Books for Elementary/Middle Students

Hiser, C. (1991). *Ghosts in fourth grade*. New York: Holiday House.

A young boy and his friends decide to get revenge on the class bully by scaring him on Halloween night. Both the victim and the bully learn a valuable lesson.

Isenberg, B. & Wolf, S. (1987). *Albert the running bear gets the jitters*. New York: Clarion Books.

Albert, a young bear gains control over his anxiety and triumphs over a bully. The action filled text will appeal to children who get "the jitters."

Kasza, K. (1993). *The rat and the tiger*. New York: G.P. Putnam's Sons.

Keats, E.J. (1969). *Goggles!* Toronto: The MacMillan Company, Collier-MacMillan Canada Ltd.

Young, boys outsmart a group of bullies.

Pearson, S. (1975). *Monie hates Lydia*. New York: The Dial Press.

Pfeffer, B. (1979). *Awful Evelina*. Chicago: Albert Whitman & Company.

A young girl, dreading an encounter with her cousin who always hits her and steps on her toes, fantasizes some imaginative disasters that might prevent her cousin's visits.

Roos, S. (1991). *Love me, love My werewolf*. New York: Delacorte Press.

Staunton, T. (1984). *Taking care of Crumley*. Toronto: Kids Can Press.

Taylor, S. (1990). *Dinosaur James*. New York: Morrow Junior Books.

Wells, R. (1985). *Hazel's amazing, mother*. New York: Dial Books For Young Readers.

Parental support in dealing with bullies.

Williams, K.L. (1992). *First grade king*. New York: Clarion Books.

Starting first, a grade has its ups and downs. This is a lively, engaging story that runs true for anyone who has had the adventure of starting, school

Books for Middle School Students

Adler, C.S. (1990). *Help, pink-pig!*, New York: G.P. Putnam's Sons.

Moving to Los Angeles to live with her mother, a lonely girl escapes the boredom and torment of a neighborhood bully by entering a fantasy world with her magical toy pig.

Bauer, M.D. (1991). *Face to -face*. New York: Clarion Books.

A thirteen year old boy finds himself the frequent target of the class bullies because he's small for his age. He also resents the fact that his parents have divorced and he now has a new stepfather. The heart wrenching difficulties people have in expressing their deepest feelings are explored.

Carrick, C. (1983). *What a wimp!* New York: Clarion Books.

A young man is constantly picked on and is labeled a "wimp". He feels all alone and thinks it's useless to fight back. Gradually he realizes that facing up to the bully is something he'll have to do on his own.

Chambers, A. (1983). *The -present takers*. New York: Harper & Row, Publishers.

A young girl is bullied at school. She does not tell her parents about it because she feels they will interfere. She is unhappy at school and therefore continues to be late for classes. With the help of a classmate she discovers that conflict can be resolved in a nonviolent

manner.

Coryell, S. (1989). *Eaglebait*. New York: Gulliver Books, Harcourt Brace Jovanovich, Publishers.

There always seems to be a bully and a kid who gets picked on. But it doesn't always have to stay that way. A young man finds himself the butt of malicious pranks by the seventh grade bully. He feels like a loser. With the support of a teacher, a friend, and a grandparent he discovers that his own attitude makes a difference in how others treat him.

Resources for Teachers & Parents

Andrews, A. Helping families survive and thrive. *The Alliance for South Carolina's Children*. Booklet (Copies are available free of charge from the Institute for Families in Society.)

Raising children to resist violence. What can you do ? (1995). *American Psychology associate and Academy of Pediatrics*. (Limited number of free copies are available from the Institute for Families in Society.)

Eyre, L. & Eyre, R. (1993). *Teaching your children values*. New York Simon and Schuster.

Marano, H.E. Big bad bully. (1995, September/October). *Psychology Today*. 51-82

Samenow, S. (1989). Before it's too late: *Why some kids get into trouble and what parents can do about it*. New York: Random House.

Rigby, K. (1994). Psychosocial functioning in families of Australian adolescent schoolchildren involved in bully/victim problems. *Journal of Family Therapy*. 16, 173-187.

Rigby, K. & Slee, P.T. (1991). Bullying among Australian school children: reported behavior and attitudes toward victims. *Journal of Social Psychology*. 615-627

Rivers, I. & Smith, P.K. (1994). Types of bullying behavior and their correlates. *Aggressive Behavior*. 20, 359-368.

Thompson, D., Whitney, I., & Smith, P. K. (1994). Bullying of children with special needs in mainstream schools. *Support for Learning*. 9, 103-106.

Whitney, I & Smith, P.K. (1993). A survey of the nature and extent of bullying in junior/middle and secondary schools. *Education Research*. 35, 3-25